

# 2010 Winter Schedule – Effective January 31, 2011

## **GYMNASIUM**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>ADULT GYM</b> Full Court Basketball 9-11:30am	<b>ADULT GYM</b> 11:30-1:30pm	<b>ADULT GYM</b> 11:30-1:30pm	<b>ADULT GYM</b> 11:30-1:30pm	<b>ADULT GYM</b> 11:30-1:30pm	<b>ADULT GYM</b> 11:30-1:30pm	<b>CHILDREN'S SPORTS PROGRAM</b> 9:00am – 12:00pm
<b>LEAGUES</b> <u>6<sup>th</sup>-8<sup>th</sup> Grades</u> 11:30-1:30pm <u>4<sup>th</sup>-5<sup>th</sup> Grades</u> 1:30-3:30pm	<b>AFTER SCHOOL PROGRAM GYM</b> 3:30-5:15pm	<b>AFTER SCHOOL PROGRAM GYM</b> 3:30-5:15pm	<b>AFTER SCHOOL PROGRAM GYM</b> 3:30-5:15pm	<b>AFTER SCHOOL PROGRAM GYM</b> 3:30-5:15pm	<b>AFTER SCHOOL PROGRAM GYM</b> 3:30-5:15pm	<b>BIRTHDAY PARTIES</b> 12:15-1:15PM
<b>TEEN OPEN GYM</b> 3:30-5:00pm	<b>TEEN OPEN GYM</b> 5:30-6:30pm			<b>TEEN OPEN GYM</b> 5:30-6:30pm	<b>TEEN OPEN GYM</b> 5:30-6:30pm	<b>TEEN OPEN GYM</b> 3:30-5:00pm
	<b>ADULT GYM</b> 6:30-9:00pm HALF-COURT BASKETBALL & PADDLEBALL	<b>ADULT GYM</b> 6:30-9:00pm FULL-COURT BASKETBALL	<b>ADULT GYM</b> 6:30-9:00pm HALF-COURT BASKETBALL & PADDLEBALL	<b>ADULT GYM</b> 6:30-9:00pm FULL-COURT BASKETBALL		<b>ADULT BASKETBALL</b> 1:30-3:30PM

## **FITNESS & WELLNESS CENTER**

	TEENS	ADULTS
<b>SUNDAY</b>	11am-12noon	8:30am-4:45pm
<b>MONDAY</b>	3pm-6pm	8:30am-9pm
<b>TUESDAY</b>	3pm-6pm	8:30am-9pm
<b>WEDNESDAY</b>	3pm-6pm	8:30am-9pm
<b>THURSDAY</b>	3pm-6pm	8:30am-9pm
<b>FRIDAY</b>	3pm-5pm	8:30am-6:45pm
<b>SATURDAY</b>	11am-12noon	8:30am-4:45pm

